

Revised Course Structure – 2009-2013

GRADUATE DIPLOMA OF COUNSELLING

Introduction

Tabor College Tasmania and Tabor Adelaide have both been subject to re-accreditation under our different State Authorities for our courses for the next 5 years. As part of that process, the Graduate Diploma in Counselling course has been reviewed in depth, resulting in significant changes to the structure of the course. Tabor Adelaide will be calling their new course Graduate Diploma in Social Science (Counselling). While Tabor College Tasmania will use the identical course, we have decided to maintain its name as Graduate Diploma in Counselling.

The revised course intentionally seeks to promote genuinely transformational learning and incorporates additional sociological, cultural and case management content and counselling skills subjects. Case management practice has been included as part of a broader more inclusive human services approach to counselling linked to field education/practicum and job pathways.

The Graduate Diploma in Counselling course enables students to gain a highly skills-focused award in counselling which offers vocational outcomes within a broad range of human services and community development work as well as client based work. It is the result of comprehensive consultation with industry and workplace partners.

This revised course is a specialised development of the currently accredited Graduate Diploma in Counselling. The core theology component has been reduced in order to provide space for more extensive coverage of professional knowledge and skills. There is also increased and improved specialisation in case management and working with human services in diverse community workplace options. In the revised course, a number of new subjects have been developed and included in response to the changing nature of contemporary society thus widening possible graduate pathways with industry partners.

Transition arrangements

Students who are enrolled in the existing Bachelor of Counselling course at Tabor College Tasmania will transfer into the new award. A recognition of prior learning process will be used, where applicable, to cater for transferring students who have completed former subjects which have been replaced by revised subjects in this course.

Levels

For the 2009 re-accreditation Tabor College Tasmania has revised its classification of levels. The new system is set out in the table below. The new system:

- makes no reference to VET awards (previously levels 1 and 2). From 2009, Tabor College Tasmania will not be offering enrolment in VET awards. As a consequence undergraduate studies have been designated as Level 1.
- provides for three levels of study from undergraduate (Level 1) to graduate diploma (Level 2 or 3).
- differentiates between post-graduate awards for which a first degree in the same discipline is a pre-requisite (Level 3) and those for which a first degree will provide entry to the programme (Level 2)

	ENTRY CRITERIA
level 1	Undergraduate entry into an undergraduate course <i>Assessment:</i> Equivalent of 4,000 – 5,000 words per standard 6cp subject
level 2	Graduate entry into a course with no special prerequisites <i>Assessment:</i> Equivalent of 5,000 – 6,000 words per standard 6cp subject OR equivalent of 8,000 words per 12cp coursework subject
level 3	Graduate entry into a postgraduate course with special prerequisites <i>Assessment:</i> Equivalent of 5,000 - 6,000 words per standard 6 cp coursework subject OR equivalent of 8,000 words per 12cp coursework subject

COURSE STRUCTURE

Graduate CERTIFICATE: Outline of course structure

The Graduate Certificate is offered primarily as a professional development course for individuals in occupations that include a counselling role. It is a graduate entry award which requires the completion of subjects at level 2 to the value of 24 credit points. These may include various selections of subjects suited to the student's professional needs.

Course regulations and notes

1. The course comprises subjects to the value of 24 credit points. Credit point weightings are shown in parentheses.
2. All subjects will be taken at Level 2.
3. Where a subject that is similar to a core subject has been completed in the entry qualification, an alternative approved subject should be included in lieu of this subject.
4. The Course Coordinator must approve each student's program of study
5. A number of key skill-based counselling subjects are assessed on the basis of critical competencies required for professional competence. Students who fail these subjects more than once may be given academic support regarding their career choice.

Entry Requirements

Entry into the **Graduate Certificate** requires:

1. a Bachelor of Counselling from Tabor College Tasmania, or equivalent; OR
2. a bachelor-level qualification with a major in psychology, social sciences, social work, or another relevant and related field, approved by the Course Coordinator, together with a foundation in Christian faith; OR
3. an alternative tertiary qualification, on the recommendation of the Course Coordinator, provided that the applicant provides evidence of adequate knowledge and understanding in the theological and counselling areas.
4. Psychological and spiritual maturity will be assessed by pre-selection interviews, screening procedures and professional references. A reference from three referees (one of which may be a pastor) will be required. An applicant's sense of direction towards counselling will be discussed in the interview.

Graduate Diploma: Outline of course structure

The Graduate Diploma is a professional postgraduate qualification. It is designed to equip individuals to undertake work as professional counsellors in a wide range of settings. The course comprises subjects at level 3 to the value of 48 credit points.

Course regulations and notes

1. The course comprises subjects to the value of 48 credit points consisting of 24 credit points required as core subjects and 24 credit points in electives. (Please see the subject list at 4.2.2 below)
2. All subjects will be taken at Tabor College Tasmania's level 3.
3. Where a subject that is very similar to a core subject has been completed in the entry qualification, an alternative approved subject should be included in lieu of this subject.
4. Elective subjects will normally be selected from Tabor College Tasmania's accredited subjects as identified in the above list. However, the Course Coordinator may approve the inclusion of other accredited subjects offered at an equivalent level. Relevant subjects offered at an appropriate level by another institution may be included with the permission of the Course Coordinator. Such courses/subjects may address specialist areas of counselling.
5. Students who anticipate pursuing research master studies are required to include a research subject (GS5500) in their graduate diploma course.
6. In selecting subjects, students should note any subject pre-requisites and/or restrictions.
7. Not all subjects will necessarily be offered every year.
8. While many of the subjects are available in either the on-campus or the external studies mode, others require on-campus attendance because of their practical or interactive nature.

9. Students must be guided in elective selection by the Course Coordinator so that the combination of their undergraduate award and their graduate studies results in an appropriate balance of subjects for their professional needs.
10. The Course Coordinator must approve each student's program of study.
11. Students who successfully complete 24 credit points of the course may exit with a Graduate Certificate in Counselling.
12. In special circumstances students may be permitted to replace Counselling Practicum (CO2423) with Supervised Counselling Field Education and Case Management (CO2365). This is subject to approval of the Course Coordinator.
13. A number of key skill-based counselling subjects are assessed on the basis of critical competencies required for professional competence. Students who fail these subjects more than once may be given academic support regarding their career choice.

Core and Elective Subjects

(a) Core subjects

CO2305	Counsellor Professional Ethics	[6]
CO2423	Counselling Practicum	[12]
CO2425	Case Conference	[6]

(b) Elective subjects

Plus electives to the value of 24 credit points selected from the following or other approved subjects at the discretion of the Course Coordinator.

CO2120	Introduction to Worldviews and Human Relationships	[6]
CO2210	Introduction to Sociology and Culture in Australia	[6]
CO2226	Human Lifespan Development	[6]
CO2227	Understanding Systems and Families	[6]
CO2230	Introduction to Psychology	[6]
CO2234	Grief, Loss and Attachment	[6]
CO2301	Working with Groups and Community	[6]
CO2303	Cognitive Behaviour Therapy	[6]
CO2304	Introduction to Postmodern Social Theory and Narrative Therapy	[6]
CO2309	Human Services and Case Management	[6]
CO2323	Psychological Problems	[6]
CO2327	Marriage and Relationship Counselling	[6]
CO2440	Child Development and Counselling Children	[6]
CO2441	Counselling Adolescents	[6]
CO2442	Abuse and Trauma Counselling	[6]
CO2443	Addiction Counselling	[6]
CO2446	Special Graduate Counselling Elective	[6]
GS5500	Research Methodology	[6]

Entry Requirements

Entry into the **Graduate Diploma** is selective and by interview.

Applicants must have at least a bachelor-level qualification with a major in social sciences or a human services related field, and must be able to demonstrate values consistent with those emphasised in the Tabor College Tasmania's counselling program, and a suitable level of psychological and spiritual maturity.

(1) Specific entry pathways include:

- a) a Bachelor of Counselling, from Tabor College Tasmania, or equivalent; OR
- b) a bachelor-level qualification with a major in psychology, social sciences, social work, or another relevant and related field, approved by the Course Coordinator, together with a foundation in Christian faith; OR

- c) an alternative tertiary qualification, on the recommendation of the Course Coordinator, provided that the applicant provides evidence of adequate knowledge and understanding in the theological and counselling areas.
- (2) Supplementary work may be required of an applicant who is deemed by the Course Coordinator to have insufficient knowledge and understanding in a significant foundational area. The nature and extent of this supplementary work will depend on an applicant's former studies and experience.

Applicants who have not received training in counselling micro skills in their entry award will be required to complete a bridging programme consisting of up to 4 of the following counselling skills subjects. Subjects undertaken under this requirement must be passed at a minimum standard of Pass 1 (60% - 66%).

CO2124	Counselling Skills 1 [6]	
CO2221	Introduction to Counselling Theories	[6]
CO2224	Counselling Skills 2 [6]	
CO2321	Counselling Theories and Practice	[6]

Applicants who do not have a Christian background may benefit from completing the subject CO2120 *Introduction to Worldviews and Human Relationships*.

- (3) Psychological and spiritual maturity will be assessed by pre-selection interviews, screening procedures and professional references. A reference from three referees (one of which may be a pastor) will be required. An applicant's sense of direction towards counselling will be discussed in the interview.
- (4) The number of students accepted into this course in any one year will be restricted in order to ensure optimal clinical experience and supervision for each participant.

Requirements to receive the qualification

Attendance at prescribed sessions in all subjects is mandatory due to the sequential development of skills and transformational learning. If students fail to achieve the required attendance, due to particular circumstances, bridging work may be necessary to assist them in fulfilling the subject requirements. This will be negotiated on a case by case basis.

To receive a postgraduate counselling qualification, students must:

- have attended of all prescribed sessions, except in extenuating circumstances where special formal exemption from this requirement has been granted or bridging work has been completed;
- have gained a satisfactory aggregate mark/subject grade in all other subjects; and
- paid all fees

On-job training

Professional training is an essential component of the subject *Counselling Practicum* (CO2423). This subject requires that students work with clients on a formal appointment basis. Initially, they may work jointly with a supervisor, later they may work alone and be observed by a supervisor, directly or in recorded sessions.

For the *Counselling Practicum* there will normally be at least 160 client-contact hours, one hour of individual supervision per five hours of client contact, and two hours of group supervision per 5-10 hours of client contact.

During the course of these practicums the degree of supervision may decrease and the difficulty of counselling assignments may increase. All student activities are to be recorded in a log-book and each entry must be countersigned by a supervisor.

In addition to the training in direct practical counselling that will take place in this subject, students will normally gain experience and develop expertise in keeping records, book-keeping, handling phone enquiries, writing letters and reports, and reading in relation to consultation experiences.

A comprehensive student package is provided for each student, containing protocols and other documentation, in relation to the student's practicum responsibilities.

2009 TIMETABLING - Hobart

2009 SEMESTER 1		2009 SEMESTER 2	
FIRST YEAR		FIRST YEAR	
		Spiritual Formation	M / C
Intro to Biblical Interpretation <i>incorporating</i> Reading the Bible faithfully	M / C	The Story of the Church	M
Intro to Old Testament	M	Intro to the New Testament	M
Creative Living	M / C	Communication Skills	M
Intro to Christian Ministry	M	Exploring the Christian Faith	C
Counselling Skills 1	C	Counselling Skills 2	C
Understanding the Biblical Narrative	C	Intro to Worldviews & Human relationships	M / C
		Human Lifespan Develop	C
		Christians in a Multicultural World	M
School Chaplaincy Theory	M / C	School Chaplaincy Practice	M / C
SECOND YEAR		SECOND YEAR	
Spiritual Formation	M / C	Spiritual Formation	M / C
Synoptic Gospels Exegesis	M	Pastoral Care	M
Holy Spirit	M	Trinitarian Theology	M
Intro to counselling Theories	C	Counselling theories and practice	C
Understanding Systems & Families	C / M		
Introduction to Psychology	C		
Introduction to Sociology & Culture	C		
World Religions	M		
Grief, Loss & Attachment	C / M		
THIRD YEAR		THIRD YEAR	
		Christian Leadership	M
Supervised Field Education 1	M	Supervised Field Education 2	M
Supervised Placement / Case Management	C	Supervised Placement / Case Management	C
Marriage & Relationship Couns	C	Ethics	M
Jesus the Christ	M	Counsellor Professional Ethics	C
Educational principles	M		

M = Ministry C = Counselling

2009 COLLEGE CALENDAR

Orientation Week	10-13 February	Easter week off	10 – 17 April
Semester 1	16 February – 25 May	School holidays off	7 – 18 September
Semester 2	20 July – 6 November		

COMPARATIVE UNITS 2008 – 2009

In the process of re-registration for our courses covering the years 2009-2013, there have been significant changes in the structure of the courses and in some unit names & codes.

All units completed up to end of 2008 will be recognized under their old name.

Units taken in 2009 and beyond will be known under their new names.

Code	Ministry Units 2008	Code	Ministry Units 2009
1101	Creative Living 1	TM1101	Creative Living
1102	Old Testament Introduction	TM2115	Introduction to the Old Testament
1103	New Testament Introduction	TM2116	Introduction to the New Testament
1109	Introduction to Biblical Interpretation	TM2117	Introduction to Biblical Interpretation
1111	Introduction to Christian History	TM3131	The Story of the Church
		TM1102	Introduction to Christian Ministry
		TM1104	Spiritual Formation
1205	Christology	TM3302	Jesus the Christ
1206	Ministry of the Spirit	TM3203	Holy Spirit
1209	Theological Foundations	TM3201	Trinitarian Theology
1107	Introduction to Christian Belief	TM3112	Exploring the Christian Faith
1230	Christian Spirituality	TM4102	Christian Spirituality
1246	Exegesis 1 (New Testament)	TM2231	Synoptic Gospels Exegesis
1305	Church, Mission & Ministry	TM3305	The Church
1307	Ethics	TM3212	Ethics
1308	Kingdom of God	TM3304	Kingdom of God
2120	Counselling Foundations	CO2120	Introduction to Worldviews & Human Relationships
2124	Counselling Skills 1	CO2124	Counselling Skills 1
2227	Marriage & Relationship Counselling	CO2327	Marriage & Relationship Counselling
2234	Grief & Loss Counselling	CO2234	Grief, Loss and Attachment
2308	Australian Church & Society	TM1103	Christians in a Multicultural World
3110	Public Speaking & Preaching	TM4101	Communication Skills
3226	Pastoral Care	TM4211	Pastoral Care
3241	Leadership 1	TM4210	Christian Leadership
3243	Homiletics	TM4216	Preaching
3341	Leadership 2		
3343	Issues in Ministry	TM4361	Issues in Ministry
3352	Mentoring	TM4313	Mentoring
3366	Ministry Field Education	TM4241	Supervised Field Education 1
4171	Intercultural Life & Work	TM5101	Intercultural Life & Work
4274	Cultural Anthropology	TM4202	Cultural Anthropology
4373	World Religions	TM5203	Introduction to World Religions
		TM2340	Biblical Theology