

# Revised Course Structure – 2009-2013

## BACHELOR OF COUNSELLING

### Introduction

Tabor College Tasmania and Tabor Adelaide have both been subject to re-accreditation under our different State Authorities for our courses for the next 5 years. As part of that process, the Bachelor of Counselling course has been reviewed in depth, resulting in significant changes to the structure of the course. Tabor Adelaide will be calling their new course Bachelor of Social Science (Counselling). While Tabor College Tasmania will use the identical course, we have decided to maintain its name as Bachelor of Counselling.

The revised course intentionally seeks to promote genuinely transformational learning and incorporates additional sociological, cultural and case management content and counselling skills subjects. Case management practice has been included as part of a broader more inclusive human services approach to counselling linked to field education/practicum and job pathways.

The Bachelor of Counselling course enables students to gain a highly skills-focused award in counselling which offers vocational outcomes within a broad range of human services and community development work as well as client based work. It is the result of comprehensive consultation with industry and workplace partners.

This revised course is a specialised development of the currently accredited Bachelor of Counselling. The core theology component has been reduced in order to provide space for more extensive coverage of professional knowledge and skills. There is also increased and improved specialisation in case management and working with human services in diverse community workplace options. In the revised course, a number of new subjects have been developed and included in response to the changing nature of contemporary society thus widening possible graduate pathways with industry partners.

### Differences between the existing course and the revised course

The ways in which this course differs from the College's existing Bachelor of Counselling are summarised below.

- i. The Bachelor of Social Science (Counselling) is a multidisciplinary program that incorporates counselling skills and counsellor focus within a human service framework thus broadening workplace options.
- ii. All counselling subjects have been reviewed by lecturers (including sessional lecturers) as part of a whole of faculty approach involving the development of a shared vision for the new courses and consequent critical reflection on course structures and outcomes. This collaborative process included assessing the overall effectiveness of all courses and subject outcomes so that they are consistent with our commitment to transformational learning in the following ways:
  - research regarding personal development in counsellor training was applied to subject content to ensure that self awareness and the application of theory was explicit in all subjects;
  - 8 sessions of personal counselling have been included as part of counselling skills training and personal development (as part of the new subject CO1001 *Reflective Counselling Experience*);
  - admission and selection policy has been amended to include an appreciation of the applicant's ability to train as a counsellor;
  - awareness of diversity has been included as a central outcome in most subjects for example, indigenous issues and sociological and cultural contexts;
  - case management has become an integral part of academic learning and practice;
  - improvement to undergraduate learning and postgraduate supervision through faculty professional development in supervision (including contributing to PACFA accreditation guidelines);
  - including an undergraduate research elective for those considering progression to a research masters;
  - increased counsellor field education opportunities;
- iii. Three core theology subjects have been removed and others replaced to increase the academic depth of counselling as a professional degree/award and to provide theological subjects more appropriate for counsellors.
  - Replaced 1102 *Old Testament Introduction* and 1103 *New Testament Introduction* with a combined subject of **TM2110 *Understanding the Biblical Narrative*** which is more suited to a professional counselling award.
  - Replaced 1109 *Introduction to Biblical Interpretation* with **TM2111 *Reading the Bible Faithfully***, in line with changes made by the Ministry-Theology-Culture faculty.
  - Replaced 1107 *Introduction to Christian Belief* with **TM3112 *Exploring the Christian Faith***.
  - Replaced 1207 *Introduction to Ethics* and 1206 *Ministry of the Spirit* with new counselling subjects.

iv. Improvements to existing subjects

- 2221 *Theory and Practice 1* – Renamed ***Introduction to Counselling Theories*** changed to focus on five main anthropological views and counselling theories. This subject now provides the curriculum scaffolding for more advanced treatments of counselling theory.
- 2321 *Theory and Practice 2* has been renamed ***Introduction to Counselling Theories and Practice*** – this course is designed to help students learn to apply a range of counselling modalities through skills-based learning and assessment.
- 2306 *Counsellor Self-Care* (3cp) and 2307 *Professional Ethics- Counselling* (3cp) has become a 6cp subject (CO2305) entitled ***Counsellor Professional Ethics*** and includes more case work studies on ethics related to counselling and human services.
- 2365 *Counselling Field Education* has been renamed as ***Supervised Counselling Field Education and Case Management***. The new subject reflects the increased emphasis on counselling within the broader human services context and, in addition, assessment strategies have been amended to reflect the need for students to demonstrate sufficient professional counselling skills.
- Marriage and Relationship Counselling will be offered in third year with Family Counselling as a prerequisite. An elective can be taken in place of this subject.
- Other subjects have an increased case management component that draws from social work theory and practice.

v. New Subjects

- CO1001 ***Reflective Counselling Experience*** – this subject is a co-requisite with Counselling Skills 2 and has been developed based on research on best practice for counsellor training. It enables students to experience and reflect on the process of personal counselling. Students will have the opportunity to understand the counselling process and demonstrate insights gained in counselling into personal values, attitudes, feelings and beliefs.
- CO2210 ***Introduction to Sociology and Culture*** will enable students to engage with social change and be better equipped as counsellors to understand the broader issues for individuals in society.
- CO2301 ***Group Work Theory and Practice*** - this subject will enable students to work professionally with groups. Various types of support groups will be examined as an effective way to work with clients in ways that promote well being and community.
- CO2303 ***Cognitive Behaviour Therapy*** – study of this group of therapies will enable students to have an action based pathway for working with clients. A foundation will be given that will lead students to further study in this area.
- CO2304 ***Introduction to Postmodern Theory and Narrative Therapy*** - provides an introduction to postmodern thinking and its connection with narrative therapy.
- CO2309 ***Human Services and Case Management*** - this subject will prepare students for work in the human services. It will provide an overview of human services in Australia as a whole and some of the theoretical approaches that may guide practice. It will also include a focus on case management and the many roles that counsellors may take within the human services.
- CO 2328 ***Minor Social Research Project***. This subject is offered as an elective in third year and can serve as an introduction to social research for students who wish to undertake postgraduate research. It provides an opportunity for students to research a topic of interest that they have not previously studied in depth or to integrate their thinking on a number of related topics previously studied in isolation.

## Transition arrangements

Students who are enrolled in the existing Bachelor of Counselling course at Tabor College Tasmania will transfer into the new award. A recognition of prior learning process will be used, where applicable, to cater for transferring students who have completed former subjects which have been replaced by revised subjects in this course.

# COURSE STRUCTURE

## Outline of course structure

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### Bachelor of Counselling

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#### Preparatory subjects

GS0001	Study Techniques	[0]
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#### CORE - SOCIAL SCIENCE ( 60 cp - 10 subjects )

CO2120	Introduction to Worldviews and Human relationships	[6]
CO2210	Introduction to Sociology and Culture in Australia	[6]
CO2226	Human Lifespan Development	[6]
CO2230	Introduction to Psychology	[6]
CO2234	Grief, Loss and Attachment	[6]
CO2301	Working with Groups and Community	[6]
CO2304	Intro to Postmodern Social Theory and Narrative Approaches	[6]
CO2305	Ethics in the Social Sciences and Human Services	[6]
CO2309	Human Services and Case Management	[6]
CO2323	Working with Mental Health	[6]

#### SPECIALISATION - COUNSELLING ( 54 cp - 9 subjects )

CO2124	Counselling Skills 1	[6]
CO2221	Introduction to Counselling Theories	[6]
CO2224	Counselling Skills 2	[6]
	Incorporating CO1001 Reflective Counselling Experience	[0]
CO2227	Understanding Systems and Families	[6]
CO2303	Cognitive Behaviour Therapy	[6]
CO2321	Counselling Theories and Practice	[6]
CO2327	Marriage and Relationship Counselling <sup>1</sup> ( <i>or elective</i> )	[6]
CO2365	Supervised Placement and Case Management	[12]

Plus one 6 credit point elective, approved by the Course Coordinator.\*

[6]

#### MINOR Religious Studies (24 credit points – 4 subjects )

TM1101	Creative Living	[6]
TM2110	Understanding the Biblical Narrative	[6]
TM2111	Reading the Bible Faithfully	[6]
TM3112	Exploring the Christian Faith	[6]

#### **Please note**

TM1104	Spiritual Formation	[6]
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This is a compulsory 3-semester unit to be undertaken after 24 cp have been completed. The total of required credit points for completion of the course will be increased by this 6 pt unit.

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<sup>1</sup> This subject may be replaced with an approved elective.

## Course structure regulations

1. A total of 96 credit points must be gained for the Associate Degree which consists of the first 2 years of the Bachelor of Counselling; a total of 144 credit points must be gained for the Degree. In the course outline above, credit point weightings are shown in parentheses. (see note re Spiritual Formation above)
2. All subjects will be taken at Tabor College Tasmania's level 1 (see note re changes in levels below).
3. Timetabling has embedded Social Science, Counselling and Religious Studies subjects in a coherent educational sequence in the first two years. In third year the practicum and ethics and specialist subjects are offered.
4. Normally, subjects will be taken in the order indicated in the standard pathway. Part-time students and those studying via external studies are advised to follow the standard pathway to enable smooth progression through the course. Exceptions from standard pathways may be sought from the Course Coordinator or her/his authorised delegate.
5. While many of the subjects are available in either the on-campus or the external studies mode, others require on-campus attendance because of their practical skills assessment and theory or interactive nature.
6. The 3<sup>rd</sup> year electives will normally be offered as intensives in term breaks. Specialist counselling areas will be offered in CO2233 *Special Counselling Elective*. These are CO2440 Child Development and Counselling Children, CO2441 Counselling Adolescents, CO2443 Addiction Counselling, Trauma and Abuse Counselling and CO2328 Minor Social Research Project.
7. Students may elect to take an additional subject for particular vocational outcomes.
8. At the discretion of the Course Coordinator, third year students may take postgraduate subjects as the elective if no undergraduate electives are available during that year, and if the student has a GPA of 5.0 (Credit) or higher.
9. Students who are maintaining a GPA of 4.0 (Pass 2: 50-59%) may be counselled to exit with an Associate Degree in recognition of the increased complexity of studies offered at the next level of study.
10. The course includes key subjects (CO2124, CO2224, CO2221, CO2321) which require students to demonstrate competency in high level counselling skills. Students who fail any of these subjects more than once will be given academic counselling and support regarding their suitability for counselling as a career choice.
11. Students who have completed lower-level studies that overlap considerably with core subjects may, with the approval of the Course Coordinator, be granted exemption from these subjects but will normally be required to take other subjects in lieu.
12. Not all subjects will necessarily be offered every year.
13. All study pathways must be approved by the Course Coordinator.

## Levels

For the 2009 re-accreditation Tabor College Tasmania has revised its classification of levels. The new system is set out in the table below. The new system:

- makes no reference to VET awards (previously levels 1 and 2). From 2009, Tabor College Tasmania will not be offering enrolment in VET awards. As a consequence undergraduate studies have been designated as Level 1.
- provides for three levels of study from undergraduate (Level 1) to graduate diploma (Level 2 or 3).
- differentiates between post-graduate awards for which a first degree in the same discipline is a pre-requisite (Level 3) and those for which a first degree will provide entry to the programme (Level 2)
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	<b>ENTRY CRITERIA</b>
level 1	Undergraduate entry into an undergraduate course <i>Assessment:</i> Equivalent of 4,000 – 5,000 words per standard 6cp subject
level 2	Graduate entry into a course with no special prerequisites <i>Assessment:</i> Equivalent of 5,000 – 6,000 words per standard 6cp subject OR equivalent of 8,000 words per 12cp coursework subject
level 3	Graduate entry into a postgraduate course with special prerequisites <i>Assessment:</i> Equivalent of 5,000 - 6,000 words per standard 6 cp coursework subject OR equivalent of 8,000 words per 12cp coursework subject

## Exit point

Students who exit after successfully completing two years of the Bachelor of Counselling program will qualify for an Associate Degree in Counselling.

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## Associate Degree in Counselling

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### Preparatory subjects

GS0001	Study Techniques	[0]
GS0002	Language Skills A	[0]

### Theology core subjects (24 credit points)

TM1101	Creative Living	[6]
TM2110	Understanding the Biblical Narrative	[6]
TM2111	Reading the Bible Faithfully	[6]
TM3112	Exploring the Christian Faith	[6]

### Counselling subjects (72 credit points)

CO2120	Introduction to Worldviews and Human Relationships	[6]
CO2124	Counselling Skills 1	[6]
CO2210	Introduction to Sociology and Culture in Australia	[6]
CO2221	Introduction to Counselling Theories	[6]
CO2224	Counselling Skills 2	[6]
CO2226	Human Lifespan Development	[6]
CO2227	Understanding Systems and Families	[6]
CO2230	Introduction to Psychology	[6]
CO2234	Grief, Loss and Attachment	[6]
CO2301	Working with Groups and Community	[6]
CO2309	Human Services and Case Management	[6]
CO2321	Counselling Theories and Practice	[6]

## Course structure regulations

1. A total of 96 credit points must be gained for the Associate Degree which consists of the first 2 years of the Bachelor of Counselling. All subjects will be taken at Tabor College Tasmania's level 1.
2. All other regulations are in common with those in the bachelor award, where appropriate.

## Requirements to receive the qualification

Attendance at prescribed sessions is mandatory due to the sequential development of knowledge and skills in key subjects. If students fail to achieve the required attendance, due to particular circumstances, bridging work may be necessary to assist them in fulfilling the subject requirements. This will be negotiated on a case by case basis.

To receive this qualification, students must:

- have attended all prescribed sessions, except in extenuating circumstances where special formal exemption from this requirement has been granted or bridging work has been completed;
- have gained a Pass 1 grade in skills-based subjects of the course (CO2124, CO2224, CO2221, CO2321);
- have gained a pass in all other subjects; and
- paid all fees.

## 2009 TIMETABLING - Hobart

2009 SEMESTER 1		2009 SEMESTER 2	
FIRST YEAR		FIRST YEAR	
		Spiritual Formation	M / C
Intro to Biblical Interpretation <i>incorporating</i> Reading the Bible faithfully	M / C	The Story of the Church	M
Intro to Old Testament	M	Intro to the New Testament	M
Creative Living	M / C	Communication Skills	M
Intro to Christian Ministry	M	Exploring the Christian Faith	C
Counselling Skills 1	C	Counselling Skills 2	C
Understanding the Biblical Narrative	C	Intro to Worldviews & Human relationships	M / C
		Human Lifespan Develop	C
		Christians in a Multicultural World	M
School Chaplaincy Theory	M / C	School Chaplaincy Practice	M / C
SECOND YEAR		SECOND YEAR	
Spiritual Formation	M / C	Spiritual Formation	M / C
Synoptic Gospels Exegesis	M	Pastoral Care	M
Holy Spirit	M	Trinitarian Theology	M
Intro to counselling Theories	C	Counselling theories and practice	C
Understanding Systems & Families	C / M		
Introduction to Psychology	C		
Introduction to Sociology and Culture	C		
World Religions	M		
Grief, Loss & Attachment	C / M		
THIRD YEAR		THIRD YEAR	
		Christian Leadership	M
Supervised Field Education 1	M	Supervised Field Education 2	M
Supervised Placement / Case Management	C	Supervised Placement / Case Management	C
Marriage & Relationship Couns	C	Ethics	M
Jesus the Christ	M	Counsellor Professional Ethics	C
Educational principles	M		

M = Ministry    C = Counselling

### 2009 COLLEGE CALENDAR

Orientation Week	10-13 February	Easter week off	10 – 17 April
Semester 1	16 February – 25 May	School holidays off	7 – 18 September
Semester 2	20 July – 6 November		

## COMPARATIVE UNITS 2008 – 2009

In the process of re-registration for our courses covering the years 2009-2013, there have been significant changes in the structure of the courses and in some unit names & codes.

All units completed up to end of 2008 will be recognized under their old name.

Units taken in 2009 and beyond will be known under their new names.

Code	Ministry Units 2008	Code	Ministry Units 2009
1101	Creative Living 1	TM1101	Creative Living
1102	Old Testament Introduction	TM2115	Introduction to the Old Testament
1103	New Testament Introduction	TM2116	Introduction to the New Testament
1109	Introduction to Biblical Interpretation	TM2117	Introduction to Biblical Interpretation
1111	Introduction to Christian History	TM3131	The Story of the Church
		TM1102	Introduction to Christian Ministry
		TM1104	Spiritual Formation
1205	Christology	TM3302	Jesus the Christ
1206	Ministry of the Spirit	TM3203	Holy Spirit
1209	Theological Foundations )	TM3201	Trinitarian Theology
1107	Introduction to Christian Belief )	TM3112	Exploring the Christian Faith
1230	Christian Spirituality	TM4102	Christian Spirituality
1246	Exegesis 1 (New Testament)	TM2231	Synoptic Gospels Exegesis
1305	Church, Mission & Ministry	TM3305	The Church
1307	Ethics	TM3212	Ethics
1308	Kingdom of God	TM3304	Kingdom of God
2120	Counselling Foundations	CO2120	Introduction to Worldviews & Human Relationships
2124	Counselling Skills 1	CO2124	Counselling Skills 1
2227	Marriage & Relationship Counselling	CO2327	Marriage & Relationship Counselling
2234	Grief & Loss Counselling	CO2234	Grief, Loss and Attachment
2308	Australian Church & Society	TM1103	Christians in a Multicultural World
3110	Public Speaking & Preaching	TM4101	Communication Skills
3226	Pastoral Care	TM4211	Pastoral Care
3241	Leadership 1	TM4210	Christian Leadership
3243	Homiletics	TM4216	Preaching
3341	Leadership 2		
3343	Issues in Ministry	TM4361	Issues in Ministry
3352	Mentoring	TM4313	Mentoring
3366	Ministry Field Education	TM4241	Supervised Field Education 1
4171	Intercultural Life & Work	TM5101	Intercultural Life & Work
4274	Cultural Anthropology	TM4202	Cultural Anthropology
4373	World Religions	TM5203	Introduction to World Religions
		TM2340	Biblical Theology